

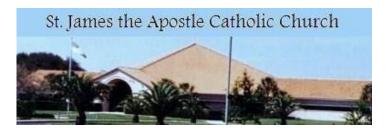
The Knight's News

Council 8155 – The Family Council

St. James Council 8155, 9325 Sunshine Blvd., New Port Richey, FL 34654-4313

Phone: GK Joseph James (727) 480-4172orFS John Devaux (727) 967-1301E-mail: GKStJames8155@gmail.comorJohnDevaux8155@gmail.com





Grand Knight's Report



JOSEPH JAMES Grand Knight St. James Council #8155 GKStJames8155@gmail.com 727-480-4172



Upcoming Activities

Monday - January 1 - NEW YEAR'S DAY



Monday - January 8 - Business Meeting in St. Joseph Room

Wednesday - January 10 - Adoration of the Blessed Sacrament after morning Mass

Monday - January 15 - Martin Luther King Jr.'s Holiday

Sunday - January 21 - Hot Breakfast after 9 am Mass in St. Joseph Room

Monday - January 22 - Officers Meeting @ 7 pm in the William Room

Wednesday - January 24 - Adoration of the Blessed Sacramenrt after morning Mass

Monday, February 12 - Business Meeting @ 7pm in the St. Joseph Room

Council 8155 meets the second Monday of the month in the St. Joseph Room at 7 pm An Officers Meeting is held the fourth Monday of the month in the William Room at 7 pm









January Events

January 1st: New Year's Day

January 4th: Assembly 3686 Business Meeting @ 7 pm William Room January 8th: Council Business meeting @ 7 pm in the St. Joseph Rm. January 10th: Eucharistic Adoration following Morning Mass January 15th: Martin Luther King Jr.'s Holiday January 21st: Hot Breakfast after 9 am Mass January 22nd: Officers Meeting in William Room @ 7 pm January 24th: Eucharistic Adoration following Morning Mass

CURRENT BOOSTERS

Our Newsletter needs your support...

Please submit your \$5.00 donation for 2023 by either mailing it to 9325 Sunshine Blvd. New Port Richey, FL 34654, or by giving it to our Treasurer Bill Meagher. You may submit anytime during the year.

Phil & Louise Aleci <> Michael & Stephane Barrett <> Tony & Anne Bernardo <> David & Diane Coughlin <> Leroy & Joyce Cram Jr. <> Rich Cunningham & Carole Mallory <> Marilyn DeDea <>Alex DeDea <> John & Georgiana Devaux <> Anthony Fonte <> Keith Gosnell <> Mark & Lorraine Gransden <> Eric & Michelle Harvey <> Alan & Sandra Herd <> David & Dianne James <> Joe & Julie James <> Frederick & Claire King <> Gregory & Flora Lydting <> James & Mary Majorana <> Michael Marchesano <> Bill & Patricia Meagher <> Deacon Jim & Linda Minary <> Joseph & Kristine Panetta <> Ben Perkins <> Ed & Nora Pflieger <> David & Joan Ries <> Dominic & Stacie Siani <> Bill & Sue Toler <> Norman & Betsy Triznadel <> Ernest & Edna Veneziano

Please Note: Donations are due for the Booster List for 2023. If you wish for you and your family to be listed here, please speak to John Devaux or Bill Meagher to submit your donation. Thank you!

Thank You for your financial support!

From the Desk of the FINANCIAL SECRETARY





My Brothers:

I hope everyone had a very Blessed and Merry Christmas. My family did.

It is hard to believe that 2023 is over. Where did it go? We held three **Tootsie Roll Drives** at our local Publix Supermarkets and did very well collecting almost \$3,000 to help our **Citizens with Disabilities Campaign.** We also held our **Veterans Supplies Collection** and our parishioners donated a fantastic amount of toiletries and clothing. We held our **Hot Breakfasts** and they were well attended. Proceeds went to the New Roof Loan. We had three **Lenten Fish Fries** that were complete successes.. Check our activities calendar in our **Newsletter** and see what you can do to help your Council.

Please keep in your prayers all those who have died this past year.

We will have another *Hot Breakfast* this month on January 21. We are going to add hash browns to our breakfast of scrambled eggs, sausage links, pancakes, fruit and yogurt bar, juice and coffee. Join us if you can. It will be after the 9 am Mass in the St. Joseph Room.

Lent starts early this year. It begins on Valentine's Day, February 14. Coming up is our *Lenten Fish Fries* beginning the first Friday after Ash Wednesday, which is February 16, followed by the *Easter Egg Hunt* on Easter Sunday, March 31

The Council and Assembly get together on the second and fourth Wednesday of each month for *Adoration of the Blessed Sacrament* in the Chapel following the 8:30 morning mass. Join us if you can fit it in your schedule. This month it will be January 10 and 24.

If you volunteer at any of our events, you are required by the diocese to get fingerprinted and pass the Safe Environment courses on the diocesan web page. Check your email for the instructions on how to get fingerprinted and take the cources.

Whatever traditions you follow, may you have a healthy, safe and prosperous 2024!

God Bless,

John Devaux, *Financial Secretary* St. James Council #8155 JohnDevaux8155



Did You Know?



Happy New Year! I hope all of you had a joyous and merry Christmas.

All of us start the new year afresh. We make resolutions. Let's plan now to look back at the end of 2024 and be able to say, "I kept those resolutions to improve myself, to improve my relationship with my family and friends, and my relationship with God!" An improved prayer life is the goal of many. I

know I've made that resolution almost every year. Some years I do better than others.

But here are a few things I've found about making resolutions that helped me.

First, I don't want to make a resolution that is not possible to keep. I've got to be realistic. I can't go to an extreme. For example, to improve my prayer life, I can't go from praying for 15 minutes in the morning to reading a chapter of the Bible, attending daily Mass, reciting the rosary, and saying the Liturgy of the Hours each day. For me, that's too much of a jump. I'm going to follow that for a day or two and then something will get me off track. Myself, I need to take baby steps. Maybe start with saying the rosary each day. I've got to make my resolution achievable.

The same is true of all those other resolutions we make.

I can't go from being a couch potato to running six miles a day...but I could start by walking a mile each day as an achievable step in that direction.

I can't starve myself trying to lose weight...but I could cut out snacks between meals as a start. Again, an achievable step.

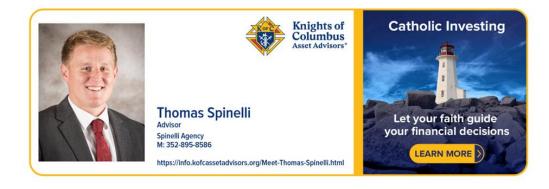
I might want to read more, so I can start by reading a chapter a day in a book.

You get the idea. The resolution has to be reasonable, achievable, and specific.

Now here is one resolution that is reasonable, achievable, and specific: Resolve to meet with me to update the information on your family's financial needs analysis. (Or maybe you need to complete a financial needs analysis.) Let's see where you stand. Your financial health is critical to your family's future security. As your field agent I'm charged to meet with each of my members each year. We can take a look at your goals and aspirations and make sure you're on track to keep your family appropriately protected.

I'll contact you soon to see if an appointment should be our next step.

Vivat Jesus!



Faith Director's Message



Dan Winfield

Just Say Yes!!!

"And Mary kept all these things, reflecting on them in her heart." (Luke 2:19) How often have I heard these words proclaimed? The frequency with which they have been spoken has dulled my ability to absorb the message, one that could possibly change my own heart. Our Lady was a simple woman, certainly not emotionally complex, yet profoundly pure of heart. Her emptiness of self-created the chasm that was necessary for deep pondering of the heart. Do I have that same emptiness? I often allow the clamor of the world to overpower the still, small voice of the Lord speaking to me through the wonders and miracles of life. But the Blessed Mother did not allow a single second of life to slip through her without meaningful reflection. It was that introspection that led her to constantly praise God for His limitless fountain of love that showered upon her heart daily. I long to emulate Our Lady's purity of heart and her emptiness of spirit that allowed God to permeate every fiber of her being. I want the distractions and noise from the outside world to lessen so that I, too, can have a heart that is always open and ready to receive God in the form of a whisper or a soft breeze, a hug from children or spring's first flower.

Ponder:

What excess emotional baggage, material junk, or even digital clutter can I eliminate from my life today so that my heart will more closely resemble the heart of Mary – empty, pure, grateful, and ready to say yes to God?

Pray:

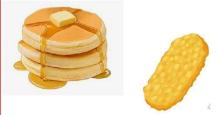
Dearest Blessed Mother, give me a heart that is open and receptive to God's gifts, His love, His pruning, and new life itself.

Join Us For A



(In place of Coffee & Donuts)





scrambled eggs sausage pancakes hash browns fruit bowl & yogurt bar coffee & juice







Suggested Donation \$10

Sunday, January 21 Following 9 am Mass St. Joseph Room



Knights of Columbus Council 8155

January 2024

If you fail to see your Birthday or Anniversary here, or in subsequent issues, please submit the information to <u>JohnDevaux8155@gmail.com</u>. Thank you.

Member

Anthony Komorek – 1st James Webber – 4th Guy Rasmussen –6th Ed Pflieger – 11th William Schommer – 15th Matthew Saikaly – 19th Edward Spodarek – 20th

January Birthdays:

Wife

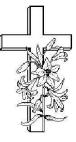
Lorraine Gransden – 1st Helen Perkins – 3rd



January Anniversaries

Ben & Helen Perkins $-8^{th} - 52$ years together Steve & Peggy Overbaugh $-10^{th} - 49$ years together

Sick and Distressed



Phil Aleci Stephane Barrett Diane Coughlin Georgiana Devaux Marie Duffy Mark Gransden Tony Luzader Patricia Meagher Mark Pflieger Dave Ries John Sammel Dave Wolverton Michael Amarando Tony Bernardo Rich Cunningham Matt Devaux Jim Duffy John Gudavich Dottie Maslowski Gail Oliver Ed Pflieger Wayne Ries Bill Schommer Josephine Amarando Rose Bliss John Devaux Joanne DeSilva Lorraine Gransden Randy Koenigsfeld Bill Meagher Richard Overbeck Nora Pflieger Bob Roth Dominic Siani



All those who have tested positive with COVID-19

<u>Please let us know</u> if you know someone who needs to be added or if you no longer need to be on this list. Please E-mail John Devaux at <u>JohnDevaux8155@gmail.com</u>



Grand Knight Joe James shows the Star Council Award the council received for the 2022 - 2023 fraternal year. It says the council achieved 166% of Supreme's Goal for recruiting. The last time the council received the award was 2019-2020 as Double Star and the Grand Knight was Phil Aleci with 225%.



January 2024

St. James Council #8155 Officers for 2023 - 2024



GRAND KNIGHT Joe James



DEPUTY GRAND KNIGHT Joe Panetta



CHANCELLOR Dave Ries



WARDEN Jeremy Bobowski



RECORDER Ben Rivera Jr.



TREASURER Bill Meagher



3-Year TRUSTEE Floyd McWilliams



ADVOCATE Mark Gransden



2 Year TRUSTEE Rich Cunningham



Dan Winfield



INSIDE GUARD Michael Bobowski



1 Year TRUSTEE Phil Aleci



CHAPLAIN Fr. Dominic Corona



OUTSIDE GUARD Michael Barrett



FINANCIAL SECRETARY John Devaux





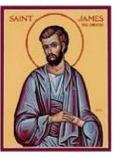
St. James the Apostle Catholic Church



8400 Monarch Drive Port Richey, FL 34668 Main Switchboard: 727-869-3130 Fax: 727-869-8886 Main E-mail Address: <u>office @stjamesportrichey.org</u>

<u>Office Hours:</u> Monday - Thursday: 9 am - 1 pm -

<u>Phone Numbers:</u> Bishop Larkin Catholic School 727-862-6981 Bishop McLaughlin High School 727-857-2600



Mission Statement

St. James the Apostle Parish is called by God to be a Christ centered, Loving family, under the guidance of the Holy Spirit, dedicatedto proclaiming the Gospel and serving Christ in our Catholic Church and in our community.

Pastor: Reverend Dominic Corona

Mass Schedule Saturday Vigil: 4:00 pm Sunday: 9:00 am, 11:00 am and 1:00 pm Daily Mass: Monday - Friday: 8:30 am

Past Grand Knights St. James the Apostle Knights of Columbus #10955

Instituted September 1, 1992

Term	Name
1993 - 94	James J. Yeo
1994 - 95	Joseph T De Matteis Jr.
1995 - 96	Joseph T De Matteis Jr.
1996 - 97	Joseph T De Matteis Jr.
1997 - 98	Anthony Nalli
1998 - 99	Michael Amarando
1999 - 00	Michael Amarando
2000 - 01	Richard J. Kreger
2001 - 02	Richard J. Kreger
2002 - 03	Thomas J. Doran
2003 - 04	Raymond J. De Dea
2004 - 05	Merged with Council 8155

Past Grand Knights St. James the Apostle Knights of Columbus #8155

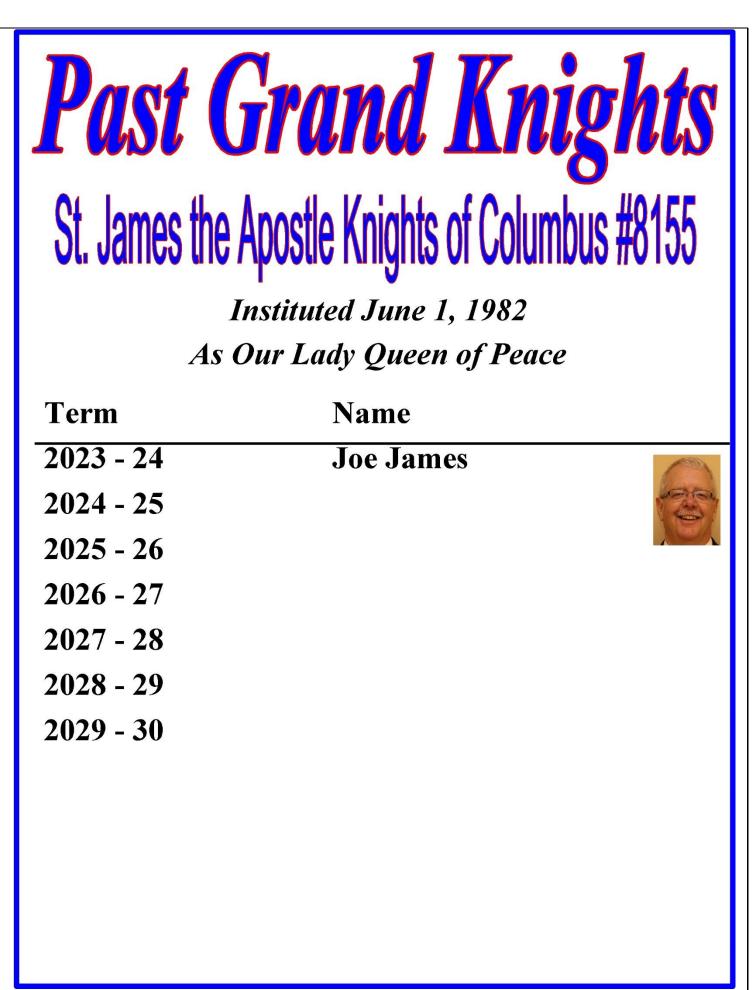
Instituted June 1, 1982 As Our Lady Queen of Peace

Term	Name
2004 - 05	Merged with Council 10955
2004 - 05	Raymond J. DeDea
2005 - 06	Raymond J. DeDea
2006 - 07	Frank A. Kennell
2007 - 08	Thomas J. Doran
2008 - 09	Richard K. Overbeck
2009 - 10	Richard K. Overbeck
2010 - 11	Richard K. Overbeck
2011 - 12	Anthony R. Luzader
2012 - 13	Anthony R. Luzader
2013 - 14	Anthony R. Luzader



Instituted June 1, 1982 As Our Lady Queen of Peace

Term	Name	
2014 - 15	Richard Brousseau	
2015 - 16	Richard Brousseau	
2016 - 17	Edwin Pflieger	6
2017 - 18	Edwin Pflieger	A A
2018 - 19	Phil Aleci	Geo
2019 - 20	Phil Aleci	
2020 - 21	Dave Wolverton	60
2021 - 22	Dave Wolverton	
2021 - 22	Billl Taglieri	251
2021 - 22	Joe James	
2022 - 23	Joe James	1000





3 Locations to Serve You



16737 US Highway 19 Hudson 727-863-6200 9322 A State Road 52 Hudson 727-378-4079

OPEN 24/7

727-863-4564





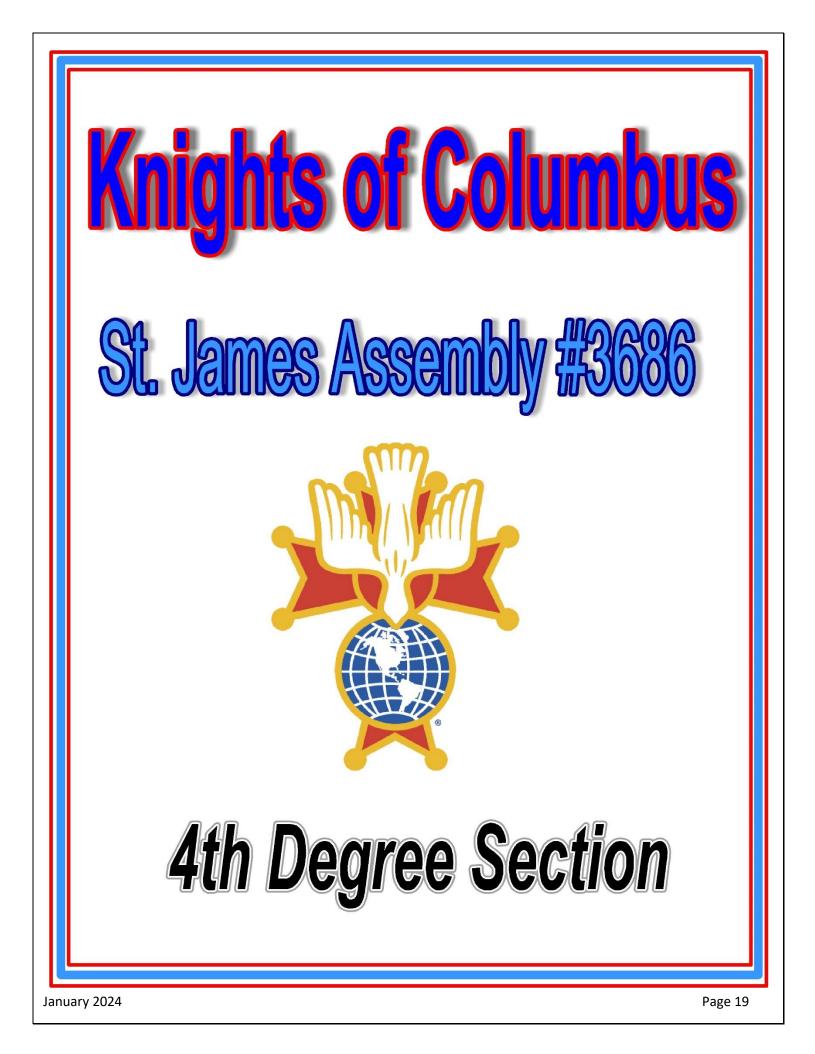
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AMERICA RUNS ON DUNKIN"

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PHIL ALECI Faithful Navigator Phil.Lou@verizon.net 727-848-8880

UPCOMING ACTIVITIES

Monday - January 1 - NEW YEAR'S DAY

Thursday - January 4 - Assembly 3686 meets in William Room @ 7 pm

Monday - January 8 - Council 8155 Business Meeting in St. Joseph Room @ 7 pm

Wednesday - January 10 - Adoration of the Blessed Sacrament after morning Mass

Monday - January 15 - Martin Luther King Jr.'s Holiday

Saturday - Sunday- January 20 & 21 - Sell Super Bowl Squares

Wednesday - January 24 - Adoration of the Blessed Sacrament after morning Mass

Saturday - Sunday - January 27 & 28 - Sell Super Bowl Squares

Assembly 3686 meets the first Thursday following the first Wednesday of the month in the William Room at 7 pm

January 2024





Facts about the Wise Men in the Bible.

The Magi were wise men The Magi were like the Prophet Daniel The Magi were most likely believers in Yahweh and the Coming Messiah They came from a country in the East There might have been more than 3 Wise Men The gifts made Joseph, Mary, and Jesus Wealthy Herod feared and respected the Magi The Magi were not at the Birth of Jesus The Magi believed God spoke in Dreams In the 3rd Century, is When the Magi Were Considered Kings Only the Gospel of Matthew Mentions the Magi

Frankincense and Myrrh Are Resins

Both frankincense and myrrh are resins derived from tree sap. During ancient times, these aromatic resins were valuable commodities.

Frankincense

Frankincense is a milky white resin extracted from the Boswellia tree, or Frankincense tree, which thrives in arid, cool areas of the Arabian Peninsula, East Africa and India.

The finest and most aromatic of this species is Boswellia sacra, a small tree that grows in Somalia, Oman and Yemen. These plants, which grow to a height of 16 feet (5 meters), have papery bark, sparse bunches of paired leaves, and flowers with white petals and a yellow or red center.

(Continued on next page)





Facts about the Wise Men in the Bible.

Page 2

Myrrh

Myrrh resin is a reddish color and comes from species of the genus Commiphora, which is native to northeast Africa and the adjacent areas of the Arabian Peninsula. Commiphora myrrha, a tree commonly used in the production of myrrh, grows best in the shallow, rocky soils of Ethiopia, Kenya, Oman, Saudi Arabia and Somalia. It boasts spiny branches with sparse leaves that grow in groups of three and can reach 9 feet (3 meters).

Resin Extraction

The processes for extracting the resins of Boswellia (for frankincense) and Commiphora (for myrrh) are nearly identical. Harvesters make a longitudinal cut in the tree's trunk, which pierces gum resin reservoirs within the bark.

The sap slowly oozes from the cut and drips down the tree, forming tear-shaped droplets left to harden on the side of the tree. Harvesters collect the hard resin after two weeks.

A Brief History of Frankincense and Myrrh

People have produced frankincense and myrrh for some 5,000 years. For much of this time, these aromatic resins were the region's most important commodity, with a trade network that reached across Africa, Asia and Europe.

Today, the demand for frankincense and myrrh has subsided, but numerous Chinese, Greek, Latin and Sanskrit sources remind us of their past importance in the ancient world.

Personal Care

In a time before daily bathing, people would use the smoke from the resins to make themselves smell better. Egyptian women utilized the ash of burned frankincense resin as makeup, mixing it into their eye shadow.

(Continued on page 3)





Facts about the Wise Men in the Bible.

Page 3

Ceremony

Ancient religious ceremonies and burials often incorporated frankincense and myrrh. According to the Greek writer Herodotus, the Egyptians used frankincense and myrrh to prepare animal sacrifices and human mummies. Hebrews and Christians incorporated the resins into their ceremonies in the third century B.C.E. and fourth century C.E., respectively.

Health Benefits

For thousands of years, people used frankincense and myrrh as medicine. In the Ebers papyrus of 1500 B.C.E., priests recommended both resins for treating wounds. Other ailments frankincense and myrrh reportedly cured include hemlock poisoning, leprosy, worms, snakebites, diarrhea, plague, scurvy and even baldness.

Trade

The high demand for frankincense and myrrh created a booming trade in the Middle East, lasting several hundred years. In the first century, around the height of the trade, Pliny the Elder claimed that Arabia produced approximately 1,680 tons (1,524 metric tons) of frankincense and around 448 tons (406 metric tons) of myrrh each year.

One of the most important resin trade centers surrounded the Shisr oasis in southern Oman. This outpost exported frankincense across Mesopotamia, India and China from about 300 B.C.E. to the third century C.E. The ruins of the settlement remain as a UNESCO World Heritage site known as "The Land of Frankincense."

(Continued on page 4)



Page 4

In the Bible

These resins were widely available when the three wise men visited the baby Jesus around 5 B.C.E. and would have been considered practical gifts with many uses. The expensive resins were symbolic as well.

Frankincense, often burned, symbolized prayer rising to the heavens like smoke, while myrrh, often used in embalming, symbolized death. Scholars think that frankincense was presented to baby Jesus to represent his later role as a high priest for believers, while myrrh symbolized his eventual death and burial.

Frankincense and Myrrh Today

Frankincense and myrrh may not be as popular as they once were, but they're still used today in ways you might not expect. Their essential oils are used in modern perfumes and cosmetics, continuing a tradition that has lasted thousands of years. You can also buy frankincense essential oil on its own (the same goes for myrrh essential oil) or resins to burn.

Traditional Chinese Medicine and Ayurvedic medicine have employed frankincense and myrrh for centuries, and scientists continue to explore new medicinal uses.

A 2016 study found frankincense was a good anti-inflammatory (which can help with pain relief), and a 2019 study suggests that frankincense and myrrh essential oils may have analgesic effects. The researchers of the latter study determined that when the two are combined, they have amazing anti-inflammatory and anti-cancer pharmacological effects, though they acknowledged more studies are needed to verify the synergistic efficacy.

St. James Assembly #3686 Officers for 2023 - 2024



FAITHFUL NAVIGATOR Phil Aleci



FAITHFUL CAPTAIN Michael Barrett



FAITHFUL PILOT David Ries



FAITHFUL ADMIRAL John Gudavich



FAITHFUL SCRIBE William Meagher



FAITHFUL PURSER Mark Gransden



FAITHFUL COMPTROLLER John Devaux



INNNER SENTINEL Michael Bobowski



OUTER SENTINEL Jeremy Bobowski



3 YEAR TRUSTEE Rich Cunningham



2 YEAR TRUSTEE Ed Pflieger



1 YEAR TRUSTEE Joe James

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Past Faithful Navigator ED PFLIEGER shows the plaque that our Assembly 3686 was presented at our April meeting by Deputy State Master Ken Jeffres. The award is for the fraternal year July 1, 2021 to June 30, 2022. Only 14 Assemblies out of 175 in Florida received the award. Our Assembly has 45 members. Civic Award

Recognizing St James The Apostle Assembly 3686 Port Richey, Florida For outstanding implementation of patriotic programming faithful to the principles of the Fourth Degree of the Knights of Columbus

October 1, 2022

Patrich E. Kelly Supreme Knight

Supreme Master

52 27 of 28

2495 3/21

January 2024

000455

Faithful Navigators

Assembly 3686

Instituted November 8, 2016 St. James the Apostle

Term	Name
2016 - 17	Michael Amarando
2017 - 18	Michael Amarando
2018 - 19	Edwin Pflieger
2019 - 20	Edwin Pflieger
2020 - 21	Edwin Pflieger
2021 - 22	Edwin Pflieger
2022 - 23	Joseph Panetta
2023 - 24	Phil Aleci
2024 - 25	erer
2025 - 26	
2026 - 27	



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Knights of Columbus Insurance is that silver lining. Our products are safe, secure, dependable and backed by the financial strength of more than 136 years of smart investing.

Take advantage of life insurance, annuities, disability income and long-term care insurance products that meet your needs, fit your budget and provide guaranteed protection for your family.

We've been through troubled times before. World War I, The Great Depression, World War II, and the ups and downs of the '60s, '70s and '80s. We weathered these storms, and this current one is no exception. We stand strong thanks to our history of making sound financial choices and avoiding unstable markets.

How strong are we? Don't take our word for it, ask the A.M. Best Company, a third party firm that has given us their superior rating of A+ for over 40 years. Or you can look at the fact that in a world of layoffs and downsizing, we are contracting new agents.

FACTS ABOUT OUR COMPANY AND PRODUCTS

- Rated A+, Superior, for financial strength from A.M. Best.
- Our products are promises of security to you and your family when you need it most.
- You don't have to watch the market with our products. Changing conditions do not affect your benefits.
- Our agents are your brother Knights, professionally trained to advise you with your best interests in mind.
- We have no stockholders. Instead, we only serve our members and their families.



Desperate times don't always call for desperate measures. Trust a proven leader in the insurance field.

Meet with an agent today to learn how a life insurance policy can put your mind at ease and help you sleep better knowing your future is safe. To find out more, contact your agent, visit www.kofc.org or call 1-800-345-KOFC (5632).